

## HYPERTENSIVE DISORDERS OF PREGNANCY

### **ACTION/TREATMENT:**

- ABCs/monitor cardiac rhythm.
- IV access titrated to perfusion as needed.
- Transport in left lateral position if greater than 16 weeks.
- For seizures, see seizure protocol.

### **NOTES:**

- **Pre-eclampsia is the presence of acute hypertension in a pregnant patient over 20 weeks gestation. It is diagnosed by continuous hypertension, not one elevated blood pressure. Findings suspicious for pre-eclampsia are systolic BP  $\geq$  140 mm Hg, diastolic BP  $\geq$  90 mm Hg; or, generalized edema (e.g., face, hands).**
- **Severe pre-eclampsia is manifested by systolic BP  $\geq$  160 mm Hg, diastolic BP  $\geq$  110 mm Hg; decreased urine output; persistent headache, visual disturbances; epigastric pain; pulmonary edema, or cyanosis.**
- **Eclampsia is manifested by generalized seizures or coma (in addition to symptoms/signs above).**

**Patient with suspected severe pre-eclampsia or eclampsia should be transported to facility with OB-GYN availability.**

Shaded text indicates BH order

Unshaded text indicates standing order

Approved:

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